



# MARCH 2020

## Event Times for the Recreational Pool

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### SEAHAWKS PRACTICE

- ▶ 4:30-5:15 PM | Mon-Thurs (1 Lane)

### SWIM LESSONS

- ▶ 5:30-7:15 PM | Tues/Thurs (Fitness Lanes + 2 Reg Lanes)
- ▶ 10:00-10:45 AM | Saturdays (Fitness Lanes + 2 Reg Lanes)

### SCUBA WORLD

- ▶ 2:30-5:30 PM | March 7

### PARENT CHILD

- ▶ 5:30-6:00 PM | Wednesdays (Fitness Lanes)

### BOGA FIT

- ▶ 10:00-11:00 AM | Mondays (2 Lanes)
- ▶ 7:00-8:00 PM | Wednesdays (2 Lanes)
- ▶ 10:00-11:00 AM | Saturdays (2 Lanes)

### AQUA GROUP CLASSES

- ▶ 9:00 AM | Mon/Wed/Fri
- ▶ 5:30 AM | Mondays
- ▶ 6:15-7:05 PM | Wednesdays

*Times are subject to change  
without notice, please call  
618-589-3800 for exact times.*

**\*Parentheses ( ) mark  
number of lanes available.**

### MEMBERS ONLY SWIMMING & FITNESS CENTER TIMES:

Saturday 5:00-6:30 AM & Sunday 8:00-11:30 AM



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